

# At the End of Life: Agency, Role, and Responsibilities of the Physician/Advanced Practitioner

**SEPTEMBER 13-14, 2019**

University of Washington Campus  
Husky Union Building (HUB), North Ballroom  
Seattle, WA



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**WSMA** Foundation  
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**WSMA** Washington State  
Medical Association



# Course Description

Physicians and advanced practitioners have the privilege and duty to care for patients at the end of life. Sometimes their actions—including discontinuing life-support (including ventilators, cardiac devices, and dialysis), clinically supporting patients who voluntarily stop eating and drinking (VSED), providing palliative sedation, and, in states where it is legal, prescribing a lethal dose of medication to a dying patient—factor into a patient's death. These cases have clinical, legal, ethical, sociocultural, spiritual, and psychological dimensions that are often challenging for physicians and advanced practitioners to navigate.

At this conference, we'll set the stage for ongoing discussion of these practices and the issues physicians and advanced practitioners caring for dying patients often face, as both medical technology and patients' requests for planned death evolve.

The Washington End of Life Coalition—sponsored by the WSMA Foundation for Health Care Improvement—is partnering with the UW School of Medicine Department of Bioethics & Humanities, Cambia Palliative Care Center of Excellence at the University of Washington, and UW School of Law to present this national conference on the physician/advanced practitioner's agency, role and responsibilities at the end of life.

## Course Objectives

Upon completion of this activity, attendees should be able to:

- Examine physicians' and advanced practitioners' personal and professional agency when responding to requests to take actions that will factor into a patient's death.
- Review the current medico-legal, institutional policy, and professional frameworks in which these actions exist.
- Identify practices to foster community among physicians and advanced practitioners who receive requests to take these actions.

## Target Audience

This conference is aimed to engage a broad range of physicians and advanced practitioners including primary care providers, hospitalists, pulmonologists/intensivists, cardiologists, nephrologists, oncologists, geriatricians, palliative medicine specialists, pediatricians, and anyone else involved in the care of patients with life-limiting illness. Professionals from other disciplines, including law, ethics, psychology, and the clergy, will be featured as speakers and are invited to attend, along with other healthcare professionals and members of the general public.



## Faculty

### **Joshua Benditt, MD**

Professor of Medicine  
Division of Pulmonary, Critical Care  
& Sleep Medicine  
Adjunct Professor of Rehabilitation Medicine  
University of Washington School of Medicine  
Seattle, WA

### **Catherine Butler, MD**

Senior Fellow and Acting Instructor,  
Division of Nephrology  
Department of Medicine  
University of Washington School of Medicine  
Seattle, WA

### **Lewis M. Cohen, MD**

Professor, Department of Psychiatry  
University of Massachusetts Medical  
School-Baystate  
Springfield, MA

### **J. Randall Curtis, MD, MPH**

Professor of Medicine  
Director, Cambia Palliative Care Center  
of Excellence at UW Medicine  
A. Bruce Montgomery - American Lung  
Association Endowed Chair in Pulmonary  
and Critical Care Medicine  
Harborview Medical Center  
Seattle, WA

### **Denise Dudzinski, PhD, MTS**

Professor & Chair  
Department of Bioethics & Humanities  
University of Washington School of Medicine  
Seattle, WA

### **Linda Ganzini, MD, MPH**

Associate Director  
Health Services Research & Development  
Center of Innovation  
VA Portland Health Care System  
Portland, OR

### **Barak Gaster, MD**

Professor of Medicine  
Department of General Internal Medicine  
University of Washington School of Medicine  
Seattle, WA

### **Judith Gordon, PhD**

Clinical Professor  
Department of Psychology  
University of Washington School of Medicine  
Seattle, WA

### **James Kirkpatrick, MD**

Associate Professor of Medicine  
Division of Cardiology  
University of Washington School of Medicine  
Seattle, WA

### **Lindy Klaff, MD, FCCP**

Pulmonology/Critical Care Medicine  
EvergreenHealth Pulmonary and Critical Care  
Kirkland, WA

### **Patricia Kuszler, MD, JD**

Professor & Associate Dean  
School of Law  
University of Washington  
Seattle, WA

### **Daniel Lam, MD**

Clinical Assistant Professor  
Division of Nephrology  
Harborview Medical Center  
Seattle, WA

### **Joseph McCreery, MD**

Volunteer, Consulting Physician  
and Board Member  
End of Life Washington  
Seattle, WA

## Course Chairs

### **Hope Wechkin, MD, Chair**

Medical Director  
EvergreenHealth Hospice  
and Palliative Care  
Kirkland, WA

### **Sally McLaughlin, MA, Co-Chair**

End of Life Coalition  
Seattle, WA



**Laura J. Morrison, MD, FAAHPM, FACP**

Associate Professor of Medicine (Geriatrics)  
Director of Palliative Medicine Education  
Director, Hospice and Palliative  
Medicine Fellowship  
Yale Palliative Care Program  
New Haven, CT

**Danielle Ofri, MD, PhD, D Litt(Hon), FACP**

Bellevue Hospital  
Clinical Professor of Medicine  
NYU School of Medicine  
Editor-in-Chief, Bellevue Literary Review  
New York, NY

**Aasim Padela, MD, MSc**

Associate Professor of Medicine  
Director of the Program on Medicine  
and Religion  
University of Chicago  
Chicago, IL

**Kayhan Parsi, JD, PhD**

Professor and Graduate Program Director  
Neiswanger Institute for Bioethics  
Loyola University Chicago Stritch  
School of Medicine  
Maywood, IL

**Thaddeus Pope, JD, PhD**

Professor of Law  
Mitchell Hamline School of Law  
St. Paul, MN

**Timothy E. Quill MD, MACP, FAAHPM**

Professor of Medicine, Psychiatry, Medical  
Humanities and Nursing  
Palliative Care Division, Department of Medicine  
University of Rochester School of Medicine  
Rochester, NY

**Barbara Reich, JD**

Professor of Law  
Western New England University School of Law  
Springfield, MA

**Rabbi Rami Shapiro, PhD**

Senior Advisor, Co-Founder  
One River Foundation  
Murfreesboro, TN

**Bruce Smith, MD, MACP**

Hospice Medical Director  
Providence Home and Community Care  
Seattle, WA

**Donna Smith, MD, MBA**

Executive Medical Director  
Virginia Mason  
Seattle, WA

**Gregg VandeKieft, MD, MA**

Medical Director, Palliative Care  
Providence St. Peter Hospital  
Olympia, WA  
Associate Medical Director,  
Institute for Human Caring  
Providence St. Joseph Health  
Gardena, CA

**Mark Vossler, MD**

Chairman, Cardiology Section  
EvergreenHealth Heart and Vascular Care  
Kirkland, WA

**Eric Walsh, MD**

Professor of Medicine Emeritus  
Associate Professor of Family  
Medicine Emeritus  
Medical Director of House Call  
Providers Hospice  
Oregon Health & Science University  
Portland, OR

**Haider Warraich, MD**

Fellow, Advanced Heart Failure and  
Transplant Cardiology  
Duke University Medical Center  
Durham, NC

**Aaron Wightman, MD, MA**

Assistant Professor  
Department of Pediatrics  
Divisions of Nephrology and Bioethics  
and Palliative Care  
University of Washington School of Medicine  
Treuman Katz Center for Pediatric Bioethics  
Seattle Children's Hospital  
Seattle, WA



# Conference Agenda

FRIDAY, SEPTEMBER 13

- 7:30 am**      **Registration and Continental Breakfast**
- 8:15 am**      **Welcome and Introduction**  
Hope Wechkin, MD
- 8:30 am**      **Beauty, Meaning, and Agency at the End of Life**  
Haider Warraich, MD
- 9:20 am**      **Case Conference: Discontinuation of Ventilatory Support**  
*Panelists:* Joshua Benditt, MD; J. Randall Curtis, MD, MPH; and Rami Shapiro, PhD  
*Moderator:* Lindy Klaff, MD, FCCP
- 10:35 am**      **BREAK**
- 11:00 am**      **Case Conference: Discontinuation of Cardiac Devices**  
*Panelists:* Laura Morrison, MD, FAAHPM, FACP; James Kirkpatrick, MD; and Barbara Reich, JD  
*Moderator:* Mark Vossler, MD
- 12:15 pm**      **LUNCH**
- 1:30 pm**      **Storytelling in Medicine: The Passion and the Peril**  
Danielle Ofri, MD, PhD, D Litt (Hon), FACP
- 2:20 pm**      **Case Conference: Discontinuation of Dialysis**  
*Panelists:* Daniel Lam, MD; Lewis M. Cohen, MD; and Aaron Wightman, MD, MA  
*Moderator:* Catherine Butler, MD
- 3:35 pm**      **BREAK**
- 4:00 pm**      **Summary Panel and Audience Discussion**  
*Panelists:* Haider Warraich, MD; Denise Dudzinski, PhD, MTS; Pat Kuszler, MD, JD; and Rami Shapiro, PhD  
*Moderator:* Hope Wechkin, MD
- 4:45 pm**      **ADJOURN**





# Conference Agenda

SATURDAY, SEPTEMBER 14

7:45 am	<b>Sign-In and Continental Breakfast</b>
8:30 am	<b>Keepers of the Balance: The Physician's Mantle</b> Aasim Padela, MD, MSc
9:20 am	<b>Case Conference: Physician/Advanced Practitioner Support for Voluntary Stopping of Eating and Drinking</b> <i>Panelists:</i> Timothy E. Quill, MD, MACP, FAAHPM; Linda Ganzini, MD, MPH; and Thaddeus Pope, JD, PhD <i>Moderator:</i> Gregg VandeKieft, MD, MA
10:35 am	<b>BREAK</b>
11:00 am	<b>Case Conference: Physician Participation in Physician-Assisted Death</b> <i>Panelists:</i> Eric Walsh, MD; Thaddeus Pope, JD, PhD; and Judith Gordon, PhD <i>Moderator:</i> Bruce Smith, MD, MACP
12:15 pm	<b>LUNCH</b>
1:30 pm	<b>Case Conference: Palliative Sedation</b> <i>Panelists:</i> Timothy E. Quill, MD, MACP, FAAHPM; Barbara Reich, JD; and Kayhan Parsi, JD, PhD <i>Moderator:</i> Donna Smith, MD, MBA
2:45 pm	<b>BREAK</b>
3:00 pm	<b>Summary Panel and Audience Discussion</b> <i>Panelists:</i> Denise Dudzinski, PhD, MTS; Barak Gaster, MD; Pat Kuszler, MD, JD; and Joseph McCreery, MD <i>Moderator:</i> Hope Wechkin, MD
4:00 pm	<b>Hippocrates and the Rabbis:</b> Doing No Harm vs. Being a Blessing Rami Shapiro, PhD
4:45 pm	<b>ADJOURN</b>

## CME Credit

### Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 12.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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# Registration

REGISTER ONLINE AT  
[UW.CLOUD-CME.COM/AEOL](http://UW.CLOUD-CME.COM/AEOL).

COURSE FEES	
MD/DO/PhD/ARNP/PA/JD	\$425
All Other Disciplines	\$375
Resident/Fellow/Student*	\$200

\* Resident/Fellow/Student rate requires written confirmation of current status  
Walk-in registrations incur a \$25 administrative fee and are available as space allows.

Allow up to fifteen working days to receive your registration confirmation email. If you have not received confirmation prior to your departure for the course, please contact the CME office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed if space is not available at the course.

UW CME is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to include transcript of *AMA PRA Category 1 Credits™*, access to online instruction materials, catering, taxes, faculty planning and salaries, venue and logistics.

The UW Office of Continuing Medical Education must receive written notification of your cancellation by August 30, 2019. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following August 30, 2019.

## Hotel Accommodations

The following hotels are located near the conference site. To make reservations, please call the hotels directly or book directly online. No room block has been reserved.

### Watertown Hotel

4242 Roosevelt Way NE  
Seattle, WA 98105  
206.826.4242 or  
866.944.4242

Ask for the "University" rate.

### Silver Cloud Inn

5036 25th Avenue NE  
Seattle, WA 98105  
206.526.5200 or  
800.205.6940

Ask for "UW CME Conference" rate.

### Residence Inn by Marriott

4501 12th Avenue NE  
Seattle, WA 98105  
206.322.8887 or  
888.236.2427

Online reservations only:  
under "Special Rates," select  
"Corporate/Promo," and enter  
code "UWD."